



National 4-H Day of Service: April 29, 2017

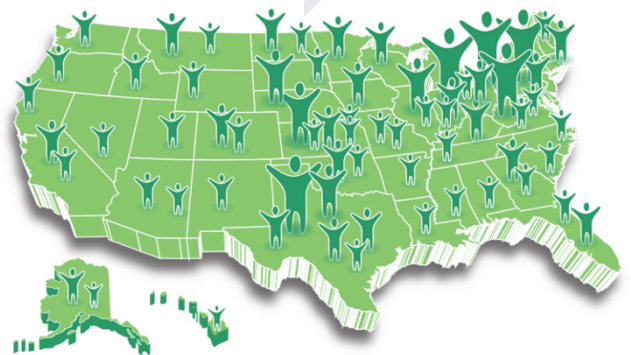
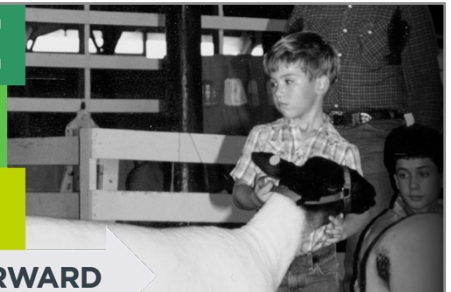
Join other 4-H Clubs across the country by helping your community through service projects during the month of April!!! Register your event online: www.4-H.org

True Leaders
in Service



**RAISE
YOUR
HAND**

& PAY IT FORWARD



Most Hands Raised

5,843
OHIO

4,629
INDIANA

2,403
TEXAS

1,614
KANSAS

1,359
PENNSYLVANIA

As of March 28, 2017.

Volunteers aren't paid, not because they are worthless, but because they are *priceless*.

- Anonymous

Clemson University Cooperative Extension Service offers its programs to people of all ages, regardless of race, color, gender, religion, national origin, disability, political beliefs, sexual orientation, gender identity, marital or family status and is an equal opportunity employer.

Monthly 4-H Club Activity Idea

created by T. A. Purms

Heart – Part of the Clover

Objective: To gain an appreciation of needs in the community and show concern for others.

Age Range: All ages.

Hands-on Activity: Assemble Easter baskets or other seasonable gift bags for needy groups in your community: senior citizens, youth homes, displaced families, or other identified individuals.

Life Skills: HEAD = service learning;

HEART = nurturing relationships, sharing, empathy, concern for others;

HANDS = community service volunteering, responsible citizenship;

HEALTH = character

Introduction

Members of 4-H contribute hundreds of thousands of hours back to their community every year. Service is a hallmark of all 4-H programs, teaching youth about the importance of giving back, improving our communities, and developing innovative

solutions to solve problems, large or small. Youth learn skills, such as teamwork, critical thinking, community engagement, and build a sense of compassion, confidence, and pride.

Review what the four H's are in 4-H:

Head, hands, heart, and health. Emphasize that head, heart, hands, and health work together for the good of all.

What does "Heart" stand for?

Greater Loyalty...we know that heart represents a level of caring that goes beyond the individual and identifies oneself as belonging to a larger community.

How can we use our head, heart, hands, and health to serve our community?

Brainstorm ideas and discuss opportunities to help others.



Who has a need?

What is the need?

How can you help?

Activity – Easter Baskets

Materials needed:

- 1 container per recipient
- Assortment of practical items
- a hand-written note

Description:

The purpose of this activity is to have youth make connections with people who may find themselves struggling with their sense of belonging. (Belonging to a family, to society, or to the community) You can break this activity up over a meeting or two in order to plan and acquire items for baskets.

Instructions:

- Decide as a group who your service project will target.
- Based on your target audience, identify items you would like to include in your Easter baskets or other seasonably appropriate care packages. Make sure all the items you plan to give are allowable and appropriate. *Some great ideas for senior citizens are:*
 - Books, magazines (large print)
 - Games, puzzles
 - Flashlights or reading lights
 - Toiletry items (little luxuries like specialty soaps, lotions, lip balm, etc.)
 - Blankets
 - Arts/Crafts kits (simple and all-inclusive)
 - Stationary, cards
- Collect your items (sponsorships, donations, purchase, create/build, etc.)
- Assemble baskets and DELIVER!!!
- Including a thoughtful note and allowing youth the opportunity to visit with the recipients of their baskets is often more impactful than the gift itself.

Conclusion

Reflect on the experience of using “Heart” to make a contribution to the community. (Reflective questions like, “Why do you think it’s important to help others?” and “What is something that you would be willing to work toward changing in the world?”) Giving attention to the well-being of others and showing sensitivity to others’ situations creates a capacity for understanding and empathy. Demonstrating this responsible citizenship is true leadership!

Other Easter/spring-related activities to serve others:



Present eggs to others. Each egg is filled with an inspiration/motivational quote OR an act of service to another person (i.e. take out the trash, share a favorite snack)



Decorate eggs to share with others or create learning games for other youth using this vast collection of ideas!



Use all-natural, homemade dyes to decorate eggs and share them with others!

4-H VIDEO PRESENTATION CONTEST



WHO

Junior members: ages 9-13

Senior Members: ages 14-18

All ages are calculated as of January 1, 2017 (Cloverbuds, < 9 years, are a non-competitive age group.)

PURPOSE

The purpose of the 4-H Presentations Contest is to allow participants the opportunity to practice their presentation skills and receive valuable feedback on those skills.

WHEN

Register by date determined by County/Region

April 28, 2017 - Regional Contests to be completed

Announce winners shortly after regional competitions

May 5, 2017 – Regional winners uploaded to YouTube (see page 2 for instructions)

May 5, 2017 – Regional winners submit registration form and audience sign-in sheet to County Agent.

May 9, 2017 – County Agent submits all materials to Janine Sutter, Pickens County.

May 31, 2017 – State judging completed

Juniors will be notified and prizes and ribbons will be awarded at a County/Regional event.

Seniors will be notified and prizes and ribbons will be awarded at State Congress.

RULES

All supplies must be furnished by participant including the means to video the presentation.

Only one class can be entered per participant.

The 4-H'er must prepare his/her own presentation and a new presentation must be prepared each year. Power Point presentations are allowed. Participant must supply all equipment necessary.

Notes/mapping/outlines are allowed but must not distract from the presentation.

Participant must video their presentation and must pan audience of 6 people prior to starting their presentation and at the conclusion.

Junior Presentations are between 3-8 minutes.

Senior Presentations are between 8-12 minutes.

Participants may enter as individuals or a two-person team.

All entrants will submit an entry form and an audience sign in sheet to their county agent.

Videos of winners must be uploaded to YouTube by May 5 (**see page 2 for instructions**).

CLASSES

Agriculture and Natural Resources

Healthy Lifestyles

Livestock

Leadership, Citizenship and Personal Development

4-H Science

Public Speaking





Uploading Videos to YouTube for the 4-H Video Presentation Contest

1.) Create a (free) YouTube account if you do not already have one.

Go to YouTube.com and type "upload video to YouTube" in search bar.

https://www.youtube.com/watch?v=MR-hU8_C9S4

(It currently isn't possible to create a Google Account in the YouTube iOS app. However, you can follow the instructions to create a Google Account on the mobile site.)

2.) Upload your video. Before you start the uploading process, choose your video's privacy settings. In the "Privacy Settings" drop-down menu, there are 3 choices:

- 1) **Public** - anyone can view and/or search for your video on YouTube (not recommended).
- 2) **Unlisted** - as long as someone has the exact URL for your video, they can view it, but it cannot be found if someone "searches" for it. **This Unlisted option is recommended, unless youth and parents are okay with your video being public.**
- 3) **Private** - Do NOT use "Private" setting because the judges will not have access to the video. Only people who you email the video to (that have Google accounts) will be able to watch the video

3.) Copy the exact URL (web address) and record it on your Presentation Contest submission form.



2017 South Carolina 4-H Video Presentation Contest Submission Form

*SUBMIT THIS REGISTRATION FORM AND YOUR AUDIENCE SIGN-IN SHEET TO YOUR COUNTY OFFICE BY: **MAY 5, 2017***

Name _____ Phone _____

County _____ Jr (age 9-13) _____ Sr (age 14-18)

Presentation Title _____

Select Class:

_____ Agriculture and Natural Resources

_____ Livestock

_____ 4-H Science

_____ Public Speaking

_____ Leadership, Citizenship & Personal Development

_____ Healthy Lifestyles

If team, presentation, name of teammate: _____

Video URL*: _____

**THE URL MUST BE EXACT OR YOUR ENTRY WILL BE DISQUALIFIED.*

Please note that the Horse Class will be held in conjunction with the State Horse Show. More information can be found by visiting the State 4-H Horse Program website.

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